

The Food Studies Program invites you to a special presentation by



Miriam Nelson, PhD

Director of the John Hancock Research Center on Physical Activity, Nutrition and Obesity Prevention. Professor of Nutrition at the Friedman School of Nutrition Science and Policy at Tufts University. Founder and director of the StrongWomen Program.

April 16th, 2015 2-3:30PM

James Laughlin Music Hall, Walker Room (Free Parking available in lot off Murray Hill Avenue)

Dr. Nelson serves on the 2015 Dietary Guidelines Advisory Committee and chairs the <u>Subcommittee on Food Sustainability and Safety</u>. New this year, the subcommittee collected data on the environmental implications of different food choices and considered these findings in their dietary recommendations. This process has stirred quite a controversy! The House and the Senate expressed "concern" that the Committee "is showing an interest in incorporating agriculture production practices and environmental factors [into what should be solely nutrition-related guidelines]." In a non-legally binding directive, Congress advised the USDA and DHHS, who jointly publish the Dietary Guidelines, to ignore factors like these during the 2015 revision.



Please join us for a presentation and conversation with Dr. Nelson as we consider the future of our food system.